

FUEL CYCLE FITNESS PARTICIPANT CONSENT FORM

Medical Recommendations. Participant in any FUEL Cycle Fitness indoor cycling, boxing, or any other activity or event (hereafter, "Participant") should consult with his or her physician or have a physical examination before using any of the Studio's facilities or enrolling in any of the Studio's classes, especially if Participant has a history of heart disease, high blood pressure or other chronic illness, or is unaccustomed to physical exertion or has other physical limitations.

Activity Risk. Any strenuous athletic or physical activity involves certain risks. Participant and his or her guests assume the risk of any and all accidents or injuries of any kind that may be sustained by, or in connection with, use of Studio facilities, FUEL Cycle Fitness cannot guarantee that any facility or equipment is free of risk. Participant agrees to use care in the use of Studio facilities, equipment and services and to protect against accidents by other Participants.

Medical Disclaimer. Participant has been informed and acknowledges that FUEL Cycle Fitness makes no claims as to medical results that can or may be obtained through use of the Studio's facilities, equipment or services. The Studio has neither suggested nor will suggest any medical treatment to Participant. Only licensed medical professionals are qualified to give medical advice. Participant is instructed not to act on the advice given by any unlicensed employee unless such advice has been verified by Participant's licensed physician.

Participant's Health Warranty. Participant represents that: (i) there are no medical or physical conditions that would preclude his or her use of the Studio's facilities; (ii) he or she has not been instructed by any physician not to use Studio; and (iii) he or she is in good health and has no disability, impairment, injury, disease or ailment preventing him or her from engaging in active or passive exercise or which could cause increased risk of injury or adverse health consequences as a result of exercise.

Participant Release and Indemnity. By signing this Agreement and/or by attending classes or otherwise participating in Studio activities, Participant hereby acknowledges and agrees that there are inherent risks in indoor cycling and exercise, and in using the equipment associated with the Studio's classes or instruction. Participant assumes full responsibility for his or her use of the Studio's facilities and shall indemnify FUEL Cycle Fitness and its Board of Directors, shareholders, affiliates, agents, consultants and employees, against any and all liability arising out of the use of the facilities. Additionally, Participant and his or her guests shall hold FUEL Cycle Fitness harmless from any loss, theft, cost, claim, injury, damage or liability incurred as a result of Studio use and activities.

- Participant understands that by signing below, he or she agrees to indemnify FUEL Cycle Fitness Sports and its shareholders, affiliates, agents and employees, against any and all liability to him or herself and child arising out of any use of the facility. _____ (Initial)
- Participant affirms that child they are at least 13 years of age, 4' 10" tall and weighs at least 100 pounds as required to participate in any FUEL Cycle Fitness class, activity and/or event. _____ (Initial)
- Participant agrees to renew consent as may be required by FUEL Cycle Fitness. _____ (Initial)

Date: _____, 20_____

Participant Signature

Participant Name

Email

Emergency Contact Name & Phone Number

Mailing Address City State Zip